

June Newsletter



Dear Patients,

National Smile Month

This month we have been raising awareness of the importance of good oral health by joining with National Smile Month's campaign. This event aims to inspire more people to take on board the three key messages for good oral health - brush twice a day for two minutes with a fluoride toothpaste; cut down on how often you have sugary food or drinks; and visit the dentist regularly as recommended.

During half term week we gave our youngest patients a bag filled with oral health goodies when they attended the surgery. Parents and children also had the opportunity to learn more about the benefits of a preventive approach to dentistry and the effectiveness of working with their dentist to reduce the impact of daily life on their teeth.

The Horncastle News came to visit our event and took photographs which appeared in the paper. Can you spot your favourite dentist, nurse and receptionist behind the cheesy smiles!

<http://www.horncastlenews.co.uk/news/business/get-involved-in-national-smile-month-1-5160160>

With best wishes,

Victoria Gemmell

Practice Manager